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# FAMILY RECIPES



TRIED & TRUE FAVORITES

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Welcome to my Family Recipes Website. I've gathered some favorites in an attempt to organize my own collection as well as to share them with friends. Some are new favorites, others are old family favorites handed down from friends, parents and grandparents. Bon appetite!

My featured "recipe" is from a friend and Girl Scout colleague ... a simple, but wise recipe for a happy day!

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## A Recipe for a Happy Day

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### Ingredients

1 cup of Friendly Words  
2 heaping cups of Understanding  
4 heaping tablespoons of Time and Patience  
Pinch of Warm Personality  
Loads of Love (as much as needed!)  
Dash or two of Humor  
Prayer as needed

### Directions

Measure words carefully. Add heaping cups of understanding, use generous amounts of time and patience. Add as much love